



Sample Personal Statement for Residency Application

My interest in the field of gynecology began with a scaring childhood experience. My mother became pregnant when I was five years old and I was so excited to welcome a baby brother or sister into our family. But due to various complications that arose, my mother had a miscarriage in her second trimester and she was unable to conceive again. This incident took a huge psychological toll on my mother and since then, I have always wanted to become an efficient gynecologist so that I could learn more about women's physiology and health and assist them deliver healthy babies.

Before I began my medical studies, I have had ample opportunities to volunteer for various NGOs for women. The Women's Welfare Association, Kerala was such an organization where I learnt about the different facets of birth control, STDs and health technology for women. These encounters led me to pursue my Bachelor's in Medicine at the reputed All India Institute of Medical Sciences, Delhi. Here, I formed a strong desire to pursue my interest through a profession in gynecology during my formative years. Finally, I realized my propensity for surgical procedure, pediatrics, and integrated health care during clinical placement.

By the time I was in my fourth year, I had made a habit of attending health camps coordinated by the Federation of Obstetrics & Gynecological Societies of India (FOGSI) in rural areas of the country. Through these events, I had the opportunity to create awareness among the general public on subjects such as maternal health, contraception, safe abortion, anemia and safe delivery. I have personally consulted pregnant women who were unwilling to accept medical treatment and talked to them about the importance of child health and the need for regular check-ups at a medical facility. I have also given presentations and seminars to adolescents and high school students about sexual reproduction, reproductive rights and age of consent. These experiences have shaped my personal temperament and allowed me to gain knowledge about different issues faced by pregnant women.

I have interned at the gynecology departments of various hospitals such as Indraprastha Apollo Hospitals, Fortis Hospital and Max Super Specialty Hospital. These tenures under the guidance of leading gynecologists in the country allowed me to gain first hand experience in areas such as Gynecologic Oncology, Female Pelvic Medicine, Maternal-Fetal Medicine, and Pediatric and Adolescent Gynecology. These apprenticeships helped me solidify my decision to specialise in gynecology. I would have to say, the internship at Fortis Hospital was especially challenging as I was under the tutelage of Dr. K***** D***** and for two months I assisted him with surgeries, consulted patients in his presence, conducted vaginal examinations and analysed patients' clinical histories. The range of the patients that consulted him and the multiplicity of settings in which he operated kept me interested. The chance to treat individuals of various age groups, was particularly intriguing. His passion for gynecology was contagious, and I aim to incorporate it into my own practice.

Through my clinical rotations and internship experiences, I have been able to build a solid foundation, both in terms of practical and theoretical knowledge, in gynecology and obstetrics. I am adept in performing Hysterectomy, Endometrial ablation, Endometrial biopsy, Pelvic laparoscopy and other common gynecological procedures. As a pleasant and extroverted individual, I am comfortable with interacting with patients of all demographics and always give priority to building trust. My bachelor's degree and related training has imbued me with the technical skills necessary to become a well-rounded gynecologist. As a medical practitioner who has been dedicated to improving women's health in the country, I believe that I am an ideal candidate for residency in the Gynecology department of your prestigious hospital. My dedication, tenacity and leadership skills would certainly allow me to perform efficiently to meet the high standards set by your organization. Thank you for considering me to this position.